



THE
LUTHERAN CHURCH
MISSOURI SYNOD

Healthy Workers

Healthy Leaders

(formerly Care for Professional Church Workers)



Pacific Southwest District
Lutheran Church—Missouri Synod
1540 Concordia Drive East
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www.psd-lcms.org

The *Healthy Workers, Healthy Leaders* ministry of the Pacific Southwest District is an outgrowth of the Care for Professional Church Workers ministry begun by District President Loren T. Kramer, over 19 years ago. This new ministry, under the Office of District President, Larry Stoterau, includes counseling for our church workers just as before, but also expands into greater referral to other counselors to be identified throughout the District. In addition, there is a link on the front page of the District website, which links you to the *Healthy Workers, Healthy Leaders* web pages. Here you will have many resources for improving the overall health of the professional church leader (pastor, principal, DCE, educator, etc). This webpage will be updated monthly. There will also be educational workshops for educators throughout the District in coming months on several vital topics related to worker health and ministry.

SUMMARY OF SERVICES:

- ◆ Direct counseling from Rev. Ron Rehrer, M.A., M.F.C.C. License #19105
- ◆ Referral services to other mental health specialists and Christian counselors throughout the District
- ◆ Website updated monthly (click on the *Healthy Workers, Healthy Leaders* tab on the front page of the District webpage at www.psd-lcms.org)
- ◆ Educational workshops for church workers, especially educators on topics vital to worker health and ministry

Pastor Ron Rehrer directs the *Healthy Workers, Healthy Leaders* ministry for the district (in addition to his role as Regional Mission Facilitator for Regions 1 and part of 2). He will continue to provide counseling directly to church workers and their families in four locations: Granada Hills, California; Fullerton, California; Las Vegas, Nevada; and Tempe, Arizona. Ron has been counseling church workers and their families in our District for nearly 30 years. Next year he will have served full-time on our District staff for 20 years.

When emailing, please put in the subject line: *Healthy Workers, Healthy Leaders*. If you have counseling resources or other educational suggestions, we greatly welcome them.

For More Information Contact:

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www.psd-lcms.org/healthy/Default.htm